



HM Government

**DOMESTIC ABUSE CAN  
HAPPEN TO ANYONE.  
IT IS NEVER YOUR FAULT  
AND IT DOESN'T HAVE  
TO CONTINUE.**

If you, or someone you know, is experiencing abuse,  
call the National Domestic Abuse helpline on:

**0808 2000 247**

Or **scan the QR code** below to find help and support



**In an emergency, always call 999**



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